BMW 525iT (E34)
Rear Strut (Shock) Replacement

**Note:** This should be about a one hour job. But it’s not, because you have to disassemble most of the interior south of the rear seats to do it. If you know exactly what you’re doing, expect 2-3 hours. Any references to right or left sides of the vehicle are relative to the driver’s seating position.

**Warning:** Replacing strut cartridges properly, and safely, requires use of a spring compressor. The same tool works for both front and rear struts and only costs ~$30. If you do not have the correct tool for this procedure, do not attempt it.

**ACCESSING THE UPPER STRUT MOUNTS**

Remove the following items:

- rear floor panel over the spare tire area
- spare tire cover panel
- rear floor panel over the jack storage area
- the tray to the right of the spare tire well
- the hatch for the window washer reservoir
- the comparable hatch on the driver’s side

Doing the right-hand side first, you need to remove the items shown in the following photo.

These instructions were developed from performing this work on a **1995 model 525iT**; the steps on the following page will guide you in the process:
To remove the Front side panel:

- Begin at the right of the Front side panel and remove a 6mm hex bolt that fastens both it and the Grey grille to the body.
- Next remove the Plastic pull-pin shown at the bottom of the panel.
- Remove a Phillips screw just to the rear of the Shoulder-harness reel cover.
- Finally, there are two ‘T-25’ Torx screws behind a plastic cover inside the Tie-down unit. The small (nearly invisible) cover will pop out by prying it loose using a small screwdriver in a slot found inside.
- Now rotate the Front side panel out, and downwards, from the bottom and remove it.

To remove the C-pillar trim and Grey grille:

- Pull the edge-guard strip straight off the rear door opening to expose the edge of the C-pillar trim.
- Pull the rear seat shoulder cushion slightly forward, it’s held by a blade-type clip near the top.
- Pull the C-pillar trim piece outward and downward from the bottom and set it aside.
- Remove the other 6mm hex bolt holding the Grey grille in place.

To remove the Shoulder-harness reel cover:

- Remove the Phillips screw for the cover that was hidden by the C-pillar trim.
- Lift the reel cover upwards and set it aside.

Congratulations! You can now just lift the rubber boot from the top of the strut tower, which will expose the three nuts that hold the strut assembly in place. Simply remove the rubber dust cap on the strut, along with these nuts and store them in a safe place. BMW, of course, recommends that you replace the nuts with new ones.

**REMOVING THE STRUT ASSEMBLY**

- Make certain the car cannot move, jack the car up, place it safely on jack-stands while leaving the rear suspension unsupported and remove the rear tires.
- Using a 22mm socket, unfasten, and remove, the lower attachment bolt. The strut assembly should remain in place because of a sleeve (part of the strut assembly) that fits into a hole in the rear suspension [see photo below].

My strut just popped loose with a gentle tap from a rubber hammer, but I have read that removing the strut may be difficult because the sleeve can get stuck in the hole because of corrosion. You’re on your own if you run into problems in this area.

**Note:** The strut is still partially loaded by the coil spring. I wouldn’t call it death dealing because you can install the unit by hand, but injury might occur if you are not careful when it comes loose. If you’re tackling this job, then you have the responsibility to use good judgment, common sense and work safely.
Doing the left-hand side is similar to the right-hand side. The following photo shows the minor difference.

Simply repeat the steps shown for the right-hand side, bearing in mind that right is now left, and you should have both strut assemblies out and ready for replacement of the cartridges.

**Note:** The picture above is slightly ahead of the discussion because I actually did the left side first. I made the mistake of not removing the C-pillar trim and just yarfed on the shoulder-harness cover not realizing that it was still retained by a Phillips-head screw through a tab behind the C-pillar trim. The good part is that the cover has a small lip that the C-pillar trim fits into and it still retained its stock appearance.

The next photos show the spring compressor I used. It only cost $30 at my local auto parts store, came with complete instructions, and it also worked perfectly on the front struts. It’s both safer and easier than trying to do the job the wrong way.
INSTALLING THE NEW STRUT ASSEMBLIES

The major difference between installation and the removal process is that you first guide the three upper strut mounting bolts through the holes in the chassis and get the nuts started on the threads. I managed to do this by myself, but it is a tad easier if you have a friend to help.

Once the upper end has been located, you can align the sleeve on the lower end with hole in the rear suspension by rotating that end of the strut by using a screwdriver inside of it as a lever. Application of an anti-seize compound to the outside of the sleeve prior to install should eliminate future problems with corrosion.

Now just apply moderate upward pressure on the end of the strut while guiding the sleeve into the hole in the rear suspension. Once that is in place, simply reinstall the bolt and tighten all bolts and nuts securely.

And, finally, now you get to experience the sheer joy of reinstalling all that lovely interior that you removed simply to undo six nuts. If BMW had just made the shoulder-harness cover a slightly different shape that extended to the surface where the latch pin for the back seats is, and changed a couple of fastener locations, this would’ve been a much easier job. But, then again, we all know about BMW flat rates and hourly rates. This way you not only get to save money but get some exercise as well.

Toss on the tires, pull the jack stands, drop the jack and your road rocket will sit properly, not to mention handle better than it did before you started this nightmare exercise.